



Kinark Outdoor Centre
One-Day Cross-Country Skiing Workshops

Presented by

SKI FOR LIFE

CANSI Level 1 Instructor - Dan Mahony

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SHARPLEY

Source

for sports

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Lessons available for various age groups including students (gr.3&up), family groups, adults, retirees. We provide skis, boots and poles along with competent qualified instruction in a non-threatening games approach that appeals to beginners, novices, and intermediate skiers.

GET A GROUP TOGETHER AND JOIN US!

LOCATION: **KINARK OUTDOOR CENTRE**
(6 km west of Carnarvon just off Hwy 118 on Queen's Line)

DATES: Saturday, January 10, 2004 and Saturday, February 14, 2004
9:30 a.m. – 3:30 p.m. – includes indoor introduction and on snow activities

COST: \$20.00 per adult using own equipment
\$15.00 per child using own equipment
\$35.00 per adult using SKI FOR LIFE skis, boots, and poles
\$25.00 per child using SKI FOR LIFE skis, boots, and poles

To register for workshop and for information on availability of meals and accommodation contact Dan Mahony-519-842-4652 or skiforlife@execulink.com
(cheques payable to SKI FOR LIFE)